

TIME: 1 HOUR

Instructions: Choose any TWO numbers.

1. a) Why did the Bantu leave their home land? (12 Marks)
b) What were the effects of the Bantu migration and settlement into E. Africa? (13 Marks)
2. a) Describe the Ngoni migration from Southern Africa into E. Africa. (13 Marks)
b) Why were the Ngoni successful in their migration into E. Africa? (12 Marks)
3. a) Why were the Arabs interested in the E. African coast between 1000 – 1500 A.D.? (12 Marks)
b) Explain the effects of the Arabs' coming to the E. African coast. (13 Marks)
4. a) Describe the rise and development of the Swahili culture. (15 Marks)
b) What were the effects of this culture on the E. African coast? (10 Marks)